

# TAEGEUK CHIL (7.) JANG

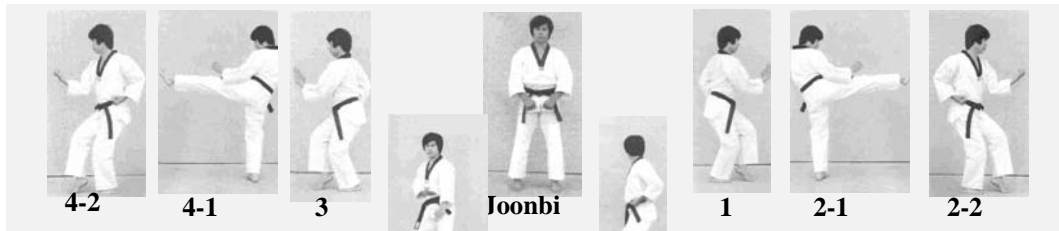


Taegeuk 7 jang symbolizes the "Kan", one of the 8 divination sings, which represents the mountain, meaning ponderosity and firmness. New movements are sonnal arae-makki, batangson kodureo-makki, bojumeok kawi-makki, mureup-chigi, mom-tong hecho-makki, jechin-dujumeok momtong-jireugi, otkoreo arae-makki, pyojeok- chigi, yop-jireugi and such stances as beom-seogi and juchumseogi. Smooth connection of movements is important for training. The 2nd Kup-graders practice this poomsae.

# TAEGEUK CHIL (7.) JANG'S POOMSE-LINE

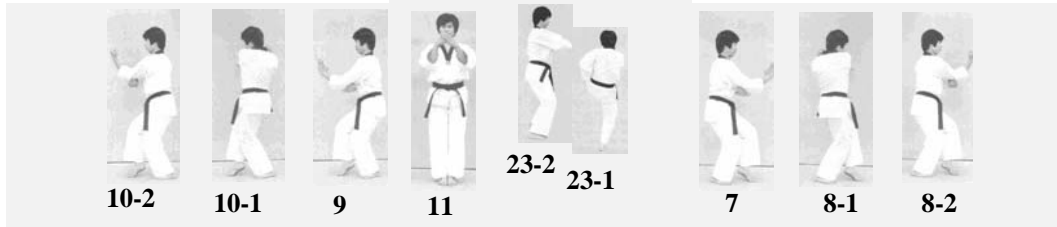
Na

Ra1



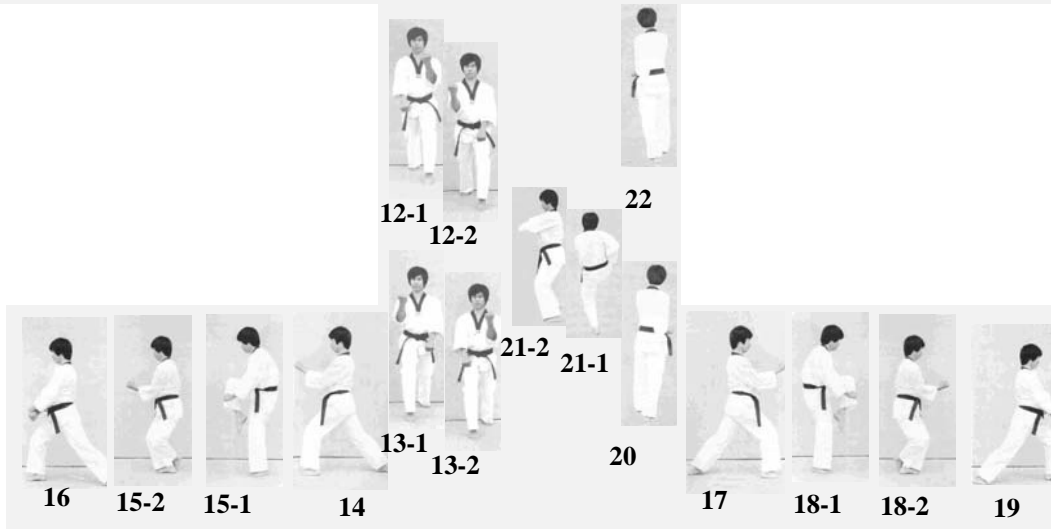
Da1

Ra2



Da2

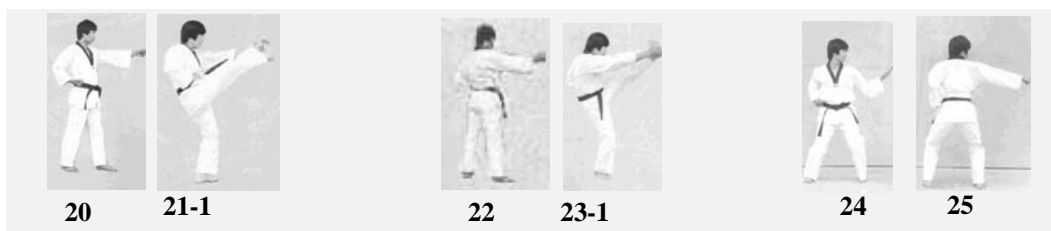
Ra3



Da3

Ga

Side view



# TAEGEUK CHILL (7.) JANG

Order	Eye dir.	Positon	Stance	Action	Name of Poom
junbi	Ga	Na	Naranhi-seogi		Kibon junbi-seogi (basic ready stance)
1	Da1	Da1	Wen beom-seogi	L.F. put forth	batangson momtong an-makki (palm-hand trunk inner blocking)
2	Da1	Da1	ditto	R.F. ap-chagi, retrieve	Momtong-makki (trunk blocking)
3	Ra1	Ra1	Oreum beom-seogi	Feet remain, change direction	Batangson mamtong an-makki (palm-hand trunk inner blocking)
4	Ra1	Ra1	ditto	L.F. ap-chagi, retrieve	Momtong-makki (trunk blocking)
5	Ga1	Ga	Oreun dwitkubi	turn	Sonnal arae-makki (hand blade underneath blocking)
6	Ga	Ga	Wen dwitkubi	Put forth foot	Ditto(ᄇᆞ)
7	Da2	Da2	Wen beom-seogi	Change foot	Batangson kodureo momtong an-makki (palm-hand assist trunk inner blocking)
8	Da2	Da2	ditto	Feet remain, same stance	Deungjumeok olgul ap-chigi (backfist face front hitting)
9	Ra2	Ra2	Oreun beom-seogi	Chang direction	Batangson kodureo momtong an-makki (palm-hand assist trunk inner blocking)
10	Ra2	Ra2	ditto	Same position and stance	Deungjumeok olgul-apchigi (backfist face front hitting)
11	Ga	Ga	Moa-seogi	L.F. pulled to modumbal	Bojumeok (covered fist)
12	Ga	Ga	Wen apkubi	Put forth,bandae kawi-makki	Kawi-makki (scissors blocking)
13	Ga	Ga	Oreum apkubi	Ditto	Dotto (ᄇᆞ)
14	Ra3	Ra3	Wen apkubi	turn	Momtong hecho-makki (trunk push blocking)
15	Ra3	Ra3	Dwikkoa-seogi	Mureup-chigi,R.F Jump forth	Jecho-jireugi (push away punch)
16	Ra3	Ra3	Oreun apkubi	L.F. retrieved	Otgoreo arae-makki (cross underneath blocking)
17	Da3	Da3	Oreun apkubi	Turn around	Momtong hecho-makki (trunk push blocking)
18	Da3	Da3	Dwikkoa-seogi	Mureup-chigi, L.F. jump forth	Jecho-jireugi (push away punch)
19	Da3	Da3	Wen apkubi	R.F retrieved	Otgoreo arae-makki (cross underneath blocking)
20	Na	Na	Wen ap-seogi	turn	Deungjumeok bakkat-chigi (backfist outer hitting)
21	Na	Na	Juchum-seogi	R.F. pyojeok-chagi, put forth	Palkup pyojeok-chigi (elbow target hitting)
22	Na	Na	Oreum ap-	Body raised, L.F	Deungjumeok bakkat-chigi

			seogi	pulled slightly	(backfist outer hitting)	
23	Na	Na	Juchum-seogi	L.F pyojeok-chagi, put forth	Palkup pyojeok-chigi (elbow target hitting)	
24	Na	Na	ditto	Feet remain	Hansonnal yop-makki (one hand blade side blocking)	
25	Na	Na	ditto	R.F put forth	Momtong yop-jireugi, j°kikap (trunk side punch)	
keuman	Ga	Na	naranhi-seogi	L.F. pulled to turn leftward	kibon junbi-seogi (basic ready stance)	