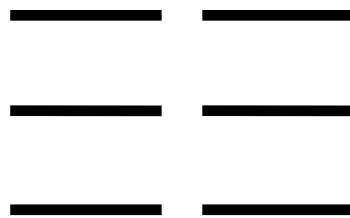


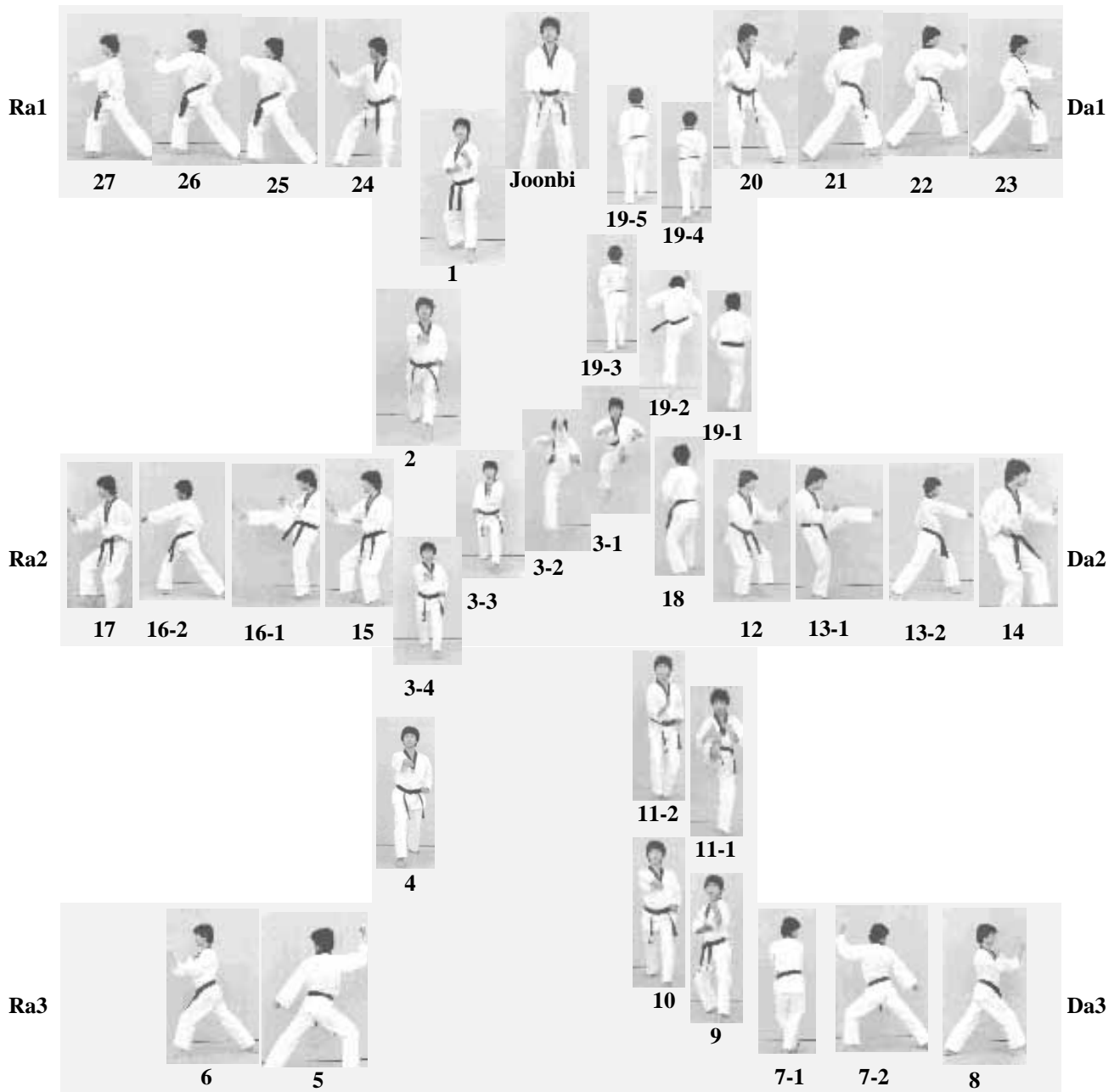
TAEGEUK PAL (8.) JANG



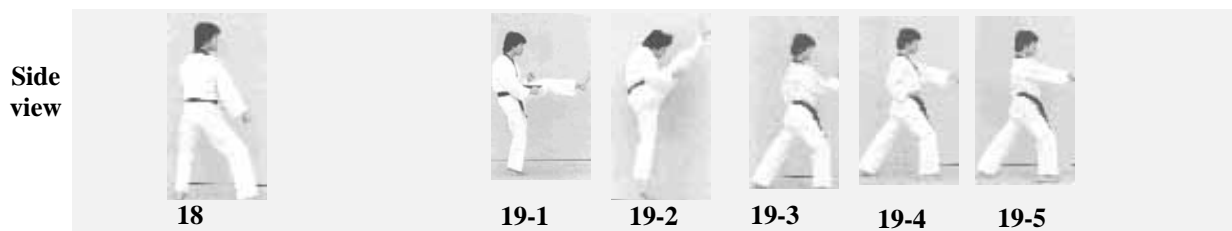
Taegeuk 8 jang symbolizes the "Kon", one of the 8 divination signs, which represents "Yin" and earth, meaning the root and settlement and also the beginning and the end. This is the last of the 8 Taegeuk poomsaes, which may enable the trainees to undergo the Dan(back belt) promotion test. New movements are dubal dangsong bakkatpalmok momtong kodureo bakkat-makki, twio-chagi and palkup dollyochigi. Emphasis must be laid on the accuracy of stepping and the difference between jumping-over kick and dubal-dangsong(alternate jumping kick in the air). The 1st Kup-graders practice this poomsae.

TAEGEUK PAL (8.) JANG'S POOMSE-LINE

Na



Ga



TAEGEUK PAL (8.) JANG

Order	Eye dir.	Positon	Stance	Action	Name of Poom
junbi	Ga	Na	naranhi-seogi		kibon junbi-seogi (basic ready stance)
1	Ga	Ga	oreun dwitkubi	L.F. put forth	kodureo bakkat-makki
2	Ga	Ga	wen apkubi	same position	momtong baro-jireugi (turunk right punch)
3	Ga	Ga	wen apkubi	two feet dangsong ap-chagi, \int° kihap \int^{\pm} , foot forth, momtong makki	momtong dubeon jireugi (trunk double punch)
4	Ga	Ga	oreun apkubi	R.F put forth	momtong bandae-jireugi (trunk opposite punch)
5	Ra3	Ra3	ditto	turn L.F moved to step down	wesanteul-makki (single hand wide open blocking)
6	Ra3	Ra3	wen apkubi	feet remain, weight moved	dangkyo teok-jireugi (pull the jaws punch)
7	Da3	Da3	ditto	L. F apkkoa-seogi R.F put forth	wesanteul-makki (single hand wide open blocking)
8	Da3	Da3	oreun apkubi	feet remain, weight moved	dangkyo teok-jireugi (pull the jaws blocking)
9	Ga	Na	oreun dwitkubi	R.F moved to step down	sonnal momtong-makki (hand blade trunk blocking)
10	Ga	Na	oreun apkubi	feet remain	momtong baro-jireugi (trunk right punch)
11	Ga	Na	oreun beom-seogi	R.F ap-chagi, foot retrieved, L.F one step backward	batangson momtong-makki (palm fist trunk blocking)
12	Da2	Da2	wen beom-seogi	L.F moved, step	sonnal momtong-makki (hand blade trunk blocking)
13	Da2	Da2	wen apkubi	L.F ap-chagi, forth	momtong baro-jireugi (trunk right punch)
14	Da2	Da2	wen beom-seogi	L.F pulled	batangson momtong-makki (palm fist trunk blocking)
15	Da2	Da2	oreun beom-seogi	change direction	sonnal momtong-makki (hand blade trunk blocking)
16	Ra2	Ra2	oreun apkubi	R.F ap-chagi forth	momtong baro-jireugi (trunk right punch)
17	Ra2	Ra2	oreun beom-seogi	R.F pulled	batangson momtong-makki (palm fist trunk blocking)
18	Na	Na	wen dwitkubi	turn	kodureo arae-makki (cutter-wrist-underneath blocking)
19	Na	Na	oreun apkubi	L.F ap-chagi, R.F jump ap-chagi \int° Kihap \int^{\pm} , put forth	momtong dubeon-jireugi (trunk double punch)
20	Da1	Da1	oreun dwitkubi	turn	hansonnal momtong yop-makki (one hand blade trunk side blocking)
21	Da1	Da1	wen apkubi	R.F remains L.F	oreunpalkup dollyo-chigi

				pushed forth	(right elbow turning hitting)	
22	Da1	Da1	wen apkubi	same position, stance	deungjumeok bandae-jireugi (trunk opposite punch)	
23	Da1	Da1	wen apkubi	ditto	momtong bandae-jireugi (trunk opposite punch)	
24	Ra1	Ra1	wen dwitkubi	change direction	hansonnal momtong yop-makki (one hand blade trunk side blocking)	
25	Ra1	Ra1	oreun apkubi	L.F remains R.F pushed forth	wenpalkup dollyo-chigi (left elbow turing hitting)	
26	Ra1	Ra1	ditto	same position, stance	deungjumeok ap-chigi (back fist front hitting)	
27	Ra1	Ra1	ditto	ditto	momtong bandae-jireugi (trunk opposite punch)	
keuman	Ga	Na	naranhi seogi	L.F pulled	kibon junbi-seogi (basic ready stance)	